



Rules Sheet
CIBA Girls Fall School League 2024

- All games will consist of (4) 6 minute quarters.
- Halftime will last 3 minutes.
- Scheduled time is game time – Each team will be allowed a minimum of 5 minutes to warm up if the previous game runs over. Each team will be allowed a 10 minute Grace period before the game is forfeited.
- 4 Time Outs – Each team will be allowed two (2) full 30-second timeouts per half. No Carryovers.
- Overtime- There will only be 1 overtime period and it will be two (2) minutes. If the overtime ends in a tie, the game will then be decided in Sudden Death and the first team to score wins.
 - Each team will receive one full timeout for the overtime period. Unused timeouts from the second half or previous overtime may not be carried over to the overtime period. No timeouts during Sudden Death.
- No full court press will be allowed by a team winning by 20 points or more.
- Team jerseys must be worn during all games.
- The clock will run in the 4th Quarter if a team is winning by 20 or more points.
- Free throws will be shot from 12 feet for 2nd / 3rd grade and from 15 feet for 4th grade.
 - Players may jump over the line but have to shoot from behind the designated line.
 - Games will be played on 10-foot goals.
- **The following rules apply to 2nd, 3rd, and 4th grade divisions.**
 - Teams must play man to man defense.
 - No double teams or traps allowed outside of the paint area.
 - No intentional zones allowed.
 - No Press.

2nd Grade- The last 3 minutes you can press, man to man only. No double teams or zones.

3rd Grade- The last 3 minutes you can press, man to man only. No double teams or zones.

4th Grade- The last 3 minutes you can press, man to man only. No double teams or zones.