
GC Sports Network

TOURNAMENT RULES — 2026 SEASON

GENERAL RULES

1	Game Format <p>Each team will play a minimum of 2 games in this 1-Day Tournament. If a division has more than 6 teams, a championship game will be held between the pools.</p>
2	Governing Rules <p>National High School Federation rules will be followed, with the exceptions listed in this document.</p>
3	Game Clock <p>3rd–8th Grade: Two 14-minute halves (continuous clock; clock stops during the last 2 minutes of the 2nd half). High School: Two 16-minute halves (continuous clock; clock stops during the last 2 minutes of the 2nd half).</p>
!	MERCY RULE — In all age divisions, if one team leads by 15 or more points, the clock will run continuously except during timeouts, Technical Fouls, and Official Timeouts. If the lead drops below 15 points, normal clock rules resume. NO EXCEPTIONS.
4	Free Throws & Fouls <p>Free throw rules follow High School standards: one-and-one at 7 team fouls; two shots after 10 team fouls. All shooting fouls result in 2 or 3 free throws. Each player is allowed 6 fouls per game.</p>
5	Overtime <p>1st Overtime: 2-minute period with one 30-second timeout per team. 2nd Overtime: Sudden Death.</p>
6	Player Eligibility <p>Players may only compete for one team, unless participating in a different age-group division.</p>
7	Home Team <p>Pool Play: The first team listed is the home team. Bracket Play: The home team is the top team on the bracket and sits to the right of the scorekeeper facing the court.</p>
8	Pressing Rules (5th Grade & Below) <p>Full-court pressing is not allowed until the final 5 minutes of the last half. Half-court trapping and pressing are permitted at any time. If both coaches mutually agree before tip-off, full-court pressing may be allowed for the entire game—this agreement cannot be changed mid-game. Referees will confirm the agreement before the game begins.</p>
9	Ball Size <p>Boys 6th Grade & Below: 28.5 Boys 7th Grade through 11th Grade: 29.5 (Regulation) Girls (all grades): 28.5</p>
