



Team Addy 3X3 Basketball Rules

We follow the FIBA 3X3 Rules. Here is a video overview:

https://www.youtube.com/watch?v=7afQp_cxu1w

Key points:

- We use a FIBA 3X3 Ball (size of a 6, weight of a 7)...U10-11 will use a size 5 ball.
- Coin toss starts the game (winner chooses if they want the ball to start the game or start a potential overtime)
- Games end after 10 minutes OR if a team gets 21 points
- The first 8 minutes are run time, the last 2 minutes are stop time.
- It is continuous play, do not check the ball after a score.
- Teams must clear the ball every time there is a change of possession (including an airball caught by the defense).
- When a basket is scored, the other team gets the ball in the semi-circle below the net without facing any pressure from the defense (3 second time limit)
- 2 points from outside the arc, 1 point inside the arc
- OVERTIME - see below
- NO COACHING Allowed (u10/u11 teams can have an adult help with subs only)

TeamAddy 3x3 House Rules

- If the court does not have a 12 second shot clock, the referees will countdown from 5 out loud when a team is "stalling".
- No outdoor shoes are allowed on the indoor wood floors

